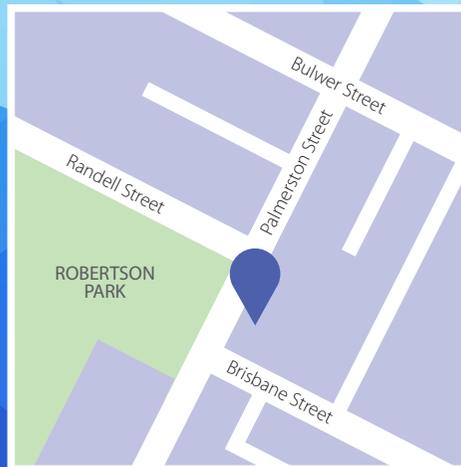


**Our commitment
to you is:**

Compassion
Acceptance
Respect
Excellence in service



**134 Palmerston Street
PERTH WA 6000**

**Phone (08) 9328 7355
palmerston.org.au**

Palmerston Association is a leading and respected not for profit organisation supporting people with alcohol and other drug (AOD) issues in Western Australia.

Our services are free, confidential and everyone is welcome.

Our services

- Assessment and referral
- Counselling and support for adults, youth and families
- Single session counselling
- A family program
- Support for people with both mental health and alcohol and other drug concerns
- Support for local communities through prevention and community development activities
- Counselling and support services for court diversion clients
- Group support, educational and therapeutic programs
- Continuing care programs including SMART groups
- Assessment services for Palmerston Farm therapeutic community residential program

Family program

Family counselling provides much needed support to families who are dealing with the drug and alcohol use of others close to them. The program also helps the family play an important role in the recovery process.

Palmerston's counsellors are skilled in helping families draw on their own wisdom to bring about positive changes in their lives.

Continuing care program

Palmerston's continuing care program offers support after the conclusion of a residential program or counselling service. Often people just want support to check in or connect with others. In recognition of this Palmerston offers:

- SMART Recovery groups
- social groups
- telephone based wellness checks
- referrals to other self-help groups

These services are supported by peer workers who have a personal experience of AOD and mental health concerns.

Evening services

Evening counselling and support groups are available Monday to Thursday.

Our team

Collectively our team has a wealth of experience, including counselling, working with community groups, families and children, people from culturally and linguistically diverse communities and working with Aboriginal people.

How to access our service

People can refer themselves directly or be referred by other services including mental health, corrective services, child protection and general practitioners.