

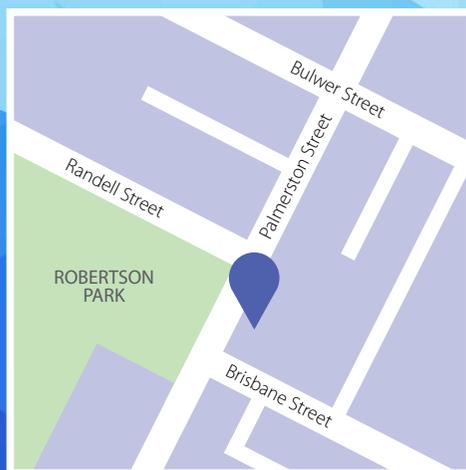
Palmerston
Improving your wellbeing

Palmerston
Perth

palmerston.org.au



Compassion
Acceptance
Respect
Excellence
Service



**134 Palmerston Street
PERTH WA 6000**

Phone (08) 9328 7355

We acknowledge Aboriginal people as the traditional custodians of this land upon which we walk together. We recognise that Palmerston services are located on Nyoongar country.

Palmerston
Improving your wellbeing

Palmerston is a leading and trusted service improving the lives of people affected by alcohol and other drugs. We put people at the heart of our thinking.

We are committed to working with Aboriginal people in culturally secure ways.

We are committed to working with people from culturally and linguistically diverse communities.

Our services are free, confidential and everyone is welcome.

Our services

- Assessment and referral
- Counselling, case management and support
- Family programs
- Support for people with both mental health and alcohol and other drug concerns
- Support for local communities through prevention and community development activities
- Counselling and support services for clients from the court system
- Group programs
- Continuing care programs including SMART groups
- Assessment services for our therapeutic community residential programs in Perth and the South West

Family program

We are recognised as a leading family support service. Family counselling provides much needed support to families who are dealing with the drug and alcohol use of others close to them. The program also helps the family play an important role in the recovery process.

Palmerston's counsellors are skilled in helping families draw on their own wisdom to bring about positive changes in their lives.

Continuing care program

Palmerston's continuing care program offers support after the conclusion of a residential program or counselling service. Often people just want support to check in or connect with others. In recognition of this Palmerston offers:

- SMART groups
- Family support group
- Referrals to other self-help groups.

These services are supported by peer workers who have a personal experience of alcohol or other drug or mental health concerns.

Evening services

Evening counselling and support groups are available Monday to Thursday.

Our team

Collectively our team has a wealth of experience including working with individuals, families and community groups. We work with people of all ages.

How to access our service

People can refer themselves directly or be referred by other services such as mental health, corrective services, child protection and general practitioners.

